Frugal Florida Mon

Live Your Best Life... On A Budget!



Tracy Shaw

I'm an award-winning journalist, creator, runner and mom of two children living in SW Florida. A few years ago I left my corporate career to become a stay-athome mom and created Frugal Florida Mom to give people advice on living their best life on a budget. I write about life, travel, fitness, saving money, crafts, parenting and more.

BLOG STATS JULY 2019 71K

PAGEVIEWS

95%
OF READERS ARE
WOMEN

13K

UNIQUE VISITORS

80% OF READERS ARE 25-54



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